

AIM HEALTH GROUP INC. PROVIDES UPDATE ON INTEGRATION PROGRESS WITH MED-EMERG INTERNATIONAL INC. AND ANNOUNCES FILING OF ANNUAL FINANCIAL RESULTS FOR THE YEAR ENDED DECEMBER 31, 2008

TORONTO, Canada (April 30, 2009) – As previously announced, AIM Health Group Inc. (“AIM”) (TSXV – AHG), a fully integrated health care company, acquired Med-Emerg International Inc. (“MEI”) on January 20, 2009, resulting in AIM becoming one of the largest Canadian health services providers with annual revenues in excess of Cdn\$55 million. The combined company has a strong infrastructure, a very experienced management team and one of the most comprehensive packages of medical health services in Canada. The Company believes that this combination has created a platform that will allow for the efficient consolidation of other fragmented health services and health care companies, in the future.

To date, the integration activities have focused on the continued development of new service line opportunities and the integration of services of both companies. The service line integration and growth is expected to generate substantial cost savings. During the quarter AIM integrated the first MEI pain clinic into one of its much larger Health and Wellness Centres. AIM was also successful in obtaining new contracts for our pharmaceutical and corporate services lines. AIM believes that its success in obtaining these contracts was, in part, because of the expanded capabilities of AIM. Many of the duplicate costs of the two companies have been eliminated but AIM expects that there are more synergies to achieve. The Company expects that the financial statement impact of these savings will become more obvious in the third quarter of the current year.

The Company also announced today that it has filed its December 31, 2008 financial results with the securities regulatory authorities. Such financial results may be found on SEDAR at www.sedar.com.

Lu Barbuto, President and Chief Executive Officer of AIM commented, “The results for 2008 reflect the significant investment that the Company made into its infrastructure in preparation for our future growth. The transaction with MEI was challenging and costly but it was a significant transaction in our business growth strategy. While we were not able to commence effective integration activity until after the January 20, 2009 closing, I believe that we are well on our way with the integration of MEI operations into the AIM corporate structure. We see 2009 as a pivotal year in our Company’s evolution.”

About AIM Health Group Inc.

AIM is a fully integrated Canadian health care company that offers comprehensive services to individuals that are ill, injured, or disabled, and to individuals requiring lifestyle interventions to improve their quality of life (wellness). This philosophy translates into a continuum of health delivery where the individual's health care is integrated with the various service providers through a complex public-private delivery model. This continuum of care model is the core concept of AIM's integrated service and delivery model.

AIM's integrated business health delivery divisions integrate all aspects of health care from clinical research, medical assessments, occupational health, multi-disciplinary rehabilitation, medical acute care, family practice and specialty clinics. These services also include an integrated chronic pain management program, community-based infusion centers and health human resource management, including physician and nurse staffing. AIM provides comprehensive health services through dedicated professionals who are all part of a successful and growing organization that fosters excellence in managing an individual's health through clinical consensus contribution.

Caution Concerning Forward-Looking Statements

Certain statements in this press release are forward-looking statements. These statements are based upon certain material factors, assumptions and analyses that were applied in drawing a conclusion or making a forecast or projection, including AIM's experience and perceptions of historical trends, current conditions and expected future developments, as well as other factors that are believed to be appropriate in the circumstances. Forward-looking statements are provided for the purpose of presenting information about management's current expectations and plans relating to the future and readers are cautioned that such statements may not be appropriate for other purposes. These statements may include, without limitation, statements regarding the operations, business, financial condition, expected financial results, performance, prospects, opportunities, priorities, targets, goals, ongoing objectives, strategies and outlook of AIM for the current fiscal year and subsequent periods. Forward-looking statements include statements that are predictive in nature, depend upon or refer to future events or conditions.

By its nature, this information is subject to inherent risks and uncertainties that may be general or specific and which give rise to the possibility that expectations, forecasts, predictions, projections or conclusion will not prove to be accurate, that assumptions may not be correct and that objectives, strategic goals and priorities will not be achieved. A variety of material factors, many of which are beyond AIM's control, affect operations, performance, achievements and results of AIM that may be expressed or implied by such forward-looking statements and could cause actual results to differ materially from current expectations of estimated or anticipated events or results. These factors include, but are not limited to: general economic, industry and market segment conditions; equipment and labour shortages and inflationary costs; changes in applicable environmental, taxation and other laws and regulations, as well as how such laws and regulations are interpreted and enforced; changes in technology; operating risks, including risks inherent in the ability to generate sufficient cash flow from operations to meet current and future obligations; increased competition; stock market volatility; ability to maintain current and obtain additional financing; and management's success in anticipating and managing the foregoing factors.

The reader is cautioned that the foregoing list of factors is not exhaustive of the factors that may affect AIM's forward-looking statements. The reader is also cautioned to consider these and other factors, uncertainties and potential events carefully and not to put undue reliance on forward-looking statements. Although the forward-looking statements contained in this press release are based upon what management of AIM currently believes to be reasonable assumptions, actual results, performance or achievements could differ materially from those expressed in, or implied by, this forward-looking information and, accordingly, no assurance can be given that any of the events anticipated by the forward-looking information will transpire or occur, or if any of them do so, what benefits will be derived therefrom. These forward-looking statements are made as of the date of this release and, other than as specifically required by law, AIM does not assume any obligation to update or revise any forward-looking statement to reflect events or circumstances after the date on which such statement is made, or to reflect the occurrence of unanticipated events, whether as a result of new information, future events or results, or otherwise.

For further information contact:

AIM Health Group Inc.
Lu Barbuto, President and Chief Executive Officer or
Greg Van Staveren, Chief Financial Officer
905-475-3353